

# Family counselling at health clinics

- an offer to couples, families and individuals



**Do you need someone to talk to?**

How to take care of your relationship?

Too much arguing?

What about the sex?      Go your separate ways?

Mine, yours, our children. Chaos?

Talk with the children?

How do I understand my child?

Feeling low?

Unfulfilled dreams?

**We offer counselling about:**

couple relations

parent co-operation

when one plus one becomes three  
children in two homes

**No problem is too small; it is your experience that counts**

The health clinics in Bærum Kommune and the Family counselling office in Asker & Bærum have a joint offer to couples who are about to become or have become parents.

# Family counselling at health clinics



## About us

We are four therapists from Asker & Bærum Family counselling who are co-operating with the health clinics in Bærum. We have a broad base of experience and are particularly interested in relations and problem prevention.

Håkon Fløisand, psychologist

Kristin Næss Sørensen, psychologist

Anne Hval, family therapist

Inni Troye Rein, family therapist and clinical social worker

## Confidentiality

We are bound by confidentiality, also towards the health clinic, and abide by the Law on family counselling. Our aim is that you should feel safe and protected.



## How to get in contact with us:

On Thursdays we are both at **Sandvika health clinic tlf. 67 50 32 50** and **Bekkestua health clinic tlf. 67 50 83 50**. An appointment may be booked by contacting any of these health clinics. Or you may tell your health clinic nurse or midwife. If you want to see us at the Family office counselling, please call 466 16 150. You find us in Sandvika; Elias Smithsvei 24.