



# Ka durug.

Haddi aanay suurtoagal ahayn,  
isticmaal af-dabool.



Dhaq gacmaha. Tijaabo iska soo qaad haddii aad ka shakisantahay  
inaad qaaday fayrusta. Guriga joog haddii aad xanuunsanayso.

Jawaabaha su'aalaha aad qabto waxaad ka helaysaa [helsenorge.no](https://helsenorge.no)



**HelseDirektoratet**  
Norwegian Directorate of Health



**NIPH**